

Senate Bill No. 371

Introduced by G. Perry

An Act Revising The Definition Of "Employee" or "Workers"

Testimony of Bonnie Mayer, 3 Rivers Telephone Cooperative, Inc.
Before the Senate Business, Labor and Economics Affairs Committee

Mr. Chair and members of the committee:

3 Rivers' Wellness Program was created to educate our employees to be more responsible for their health, as well as that of their families. We reward our employees for taking an active role in improving and maintaining a healthy lifestyle. Our Wellness Program benefits 3 Rivers by lowering our health insurance costs and the employee is happier and more productive.

Our Wellness Program encourages employees to exercise if not daily on a weekly basis. The employees accomplish this by walking several blocks on their breaks. Employee moral has improved knowing the company cares about them. The employees appreciate monetary rewards they receive as well as being able to take an active role in keeping their insurance premiums low.

Our Wellness Program also educates our employees on the benefits of preventative screening and early detection. 3 Rivers employees are

rewarded for having annual physicals, blood screening, taking a Health Risk Assessment and if they stop smoking or chewing.
